

Crawley Wheelers



Dave Stoke Memorial Open 10 Mile Time Trial

Incorporating the Ernie Dore Trophy

Saturday 2nd July

On course G10/97 10 Miles

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Timekeepers: Chris Woods and Simon Lang
Event Secretary: Chris Woods, 35 Stanhorn Grove, Felpham, Bognor Regis, PO228FP.
Tel: 07731601555 **Email** cwtimetrial@gmail.com
Emergency contact on the day Chris Woods 07731601555

PRIZES

Individual Competition – Fastest Individuals

Overall

1 st on actual time	£20
2 nd on actual time	£10
3 rd on actual time	£5

Veterans on standard

1 st Veteran	£20
2 nd Veteran	£10
3 rd Veteran	£5

Ladies

1 st Lady	£20
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Team

1st team of 3	£5 each
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Ernie Dore Trophy

Awarded to the fastest rider who has never broken 24 minutes £10



Notes

HQ will be The Steyning Centre Fletchers Croft, Steyning, BN44 3XZ

There are toilets on site.

Tea, coffee and cake will be available. We kindly ask for donations in exchange.

Parking: There is plenty of parking available at HQ which is free until 9am, it then becomes pay & display. There is also the option of free parking along the road by the church. Please be courteous of the public. Thank you in advance for not wearing cycling shoes or cleats inside the HQ

HQ to start: 1.83 miles

Finish to HQ: 1.42 miles

Route to Start: Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and continue West on A283 for 0.7 miles.

Route from Finish to Headquarters: Continue past finish line and take 1st left. Head south along Steyning High Street, turn left at mini roundabout onto Church Street. Turn right after the Library.

Sign on/off: The Steyning Centre

Sign on will be open from 6.15 am. First rider off at 7:01.

NUMBERS WILL BE at sign on where you are required to sign in, in person and to sign back in, in person, after you have finished the event. **Failure to sign back in will result in disqualification from the event.** **Please observe social distance rules during sign in and be respectful to other riders.**

CTT REGULATIONS/RECOMMENDATIONS

- **Helmets:** CTT and the event promoters now require all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards and also recommend bright clothing so as to promote good visibility to road users during the event.
- **Lights: It is now compulsory** that both a working rear and front light, flashing or constant, is fitted to competitors' machines in a position clearly visible to following road users and is active while on the road.
- **Warming up:** Competitors are requested not to warm up on the course after the first rider has started.
- **Vehicles:** No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas.
- **Observers:** Official Observers will be stationed around the course.
- **Phones:** Competitors must not use a mobile while mounted on their machines. In addition, competitors must not use ANY audio equipment except prescribed hearing aids.

Website: www.crawleywheelers.co.uk / **Twitter:** @crawleywheelers / **Facebook**

PLEASE KEEP YOUR HEAD UP AND WATCH OUT FOR POTHoles, OBSERVE THE HIGHWAY CODE.

Above all enjoy your ride and ride safely. If you have any questions or feedback then please do not hesitate to contact me at cwtime trial@gmail.com

Event & Course Info

CTT LONDON SOUTH DC – 10 MILE COURSE – G10/97

STEYNING/SHOREHAM/SYEYNING - A283

COURSE DETAILS

OS ref	Details	Distances
164128	START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction with B2135	0.00
209065	Proceed southeastwards along A283 via Bramber Castle and Heeding Court 209065 RBTs to Adur Bridge RBT, Shoreham, where TURN (CHECK)	5.41
173123	4th exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of "Public Bridleway" sign and 271 yards before left turn into Steyning	10.00

Course Records:

Solo Male

00:19:16

Christopher McNamara

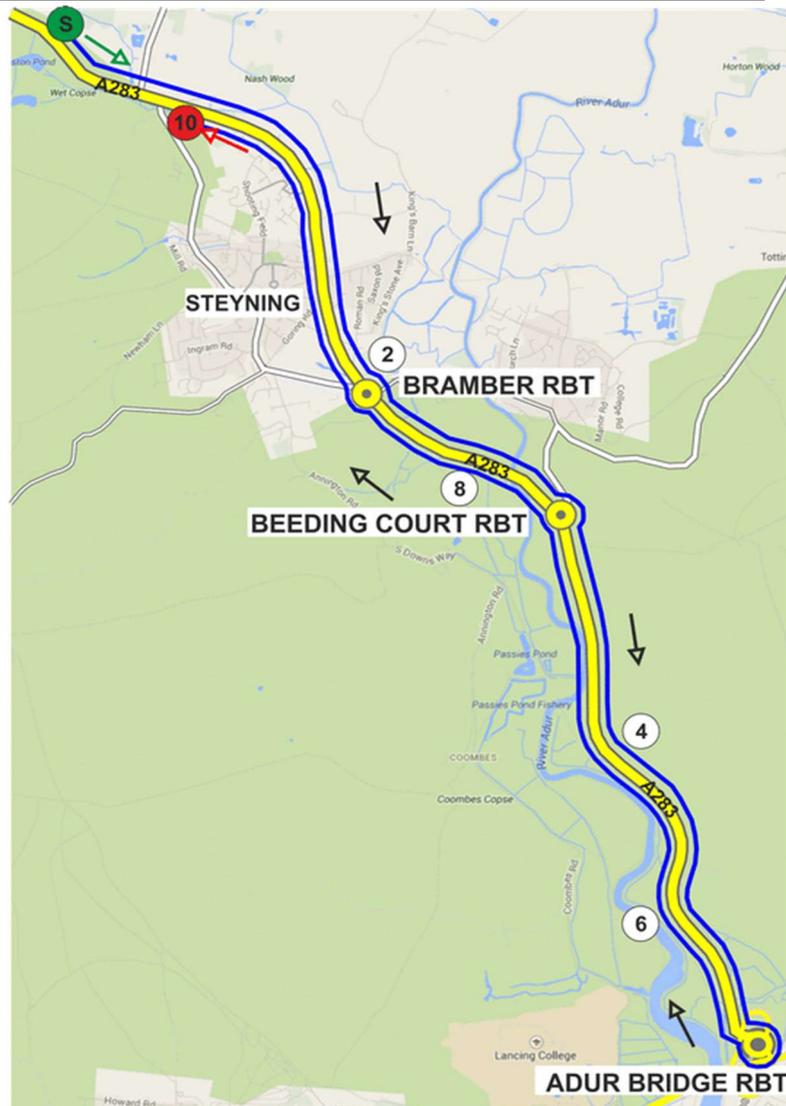
18-Jun-22

Solo Female

00:21:31

Joscelin Lowden

22-Jun-19



Website: www.crawleywheelers.co.uk / Twitter: [@crawleywheelers](https://twitter.com/crawleywheelers) / Facebook

PLEASE MAKE SURE YOU KNOW THE COURSE. There will be signs and marshals at key points to help you and point out any hazards, so please pay attention to them

No.	Start	Rider	Club	Cat
1	7:01	Paul Tippett	Crawley Wheelers	VM
2	7:02	Paul Batten	Crawley Wheelers	SM
3	7:03	Sabina Hickmet	Crawley Wheelers	VW
4	7:04	Robin Johnson	Brighton Mitre CC	VM
5	7:05	Stuart Payne	Central Sussex CC	VM
6	7:06	Harry Gilliam	Laka x Pedal Mafia Race Team	SM
7	7:07	Jim O'Leary	GS Avanti	VM
8	7:08	Barrie Foster	Anerley BC	VM
9	7:09	Alan Robinson	Central Sussex CC	VM
10	7:10	Peter Owen	Norwood Paragon CC	VM
11	7:11	John McDonald	trainSharp	VM
12	7:12	Colin Gray	Norwood Paragon CC	VM
13	7:13	Paul Barnard	Precise Performance RT	SM
14	7:14	Brian Molloy	Brighton Excelsior CC	VM
15	7:15	Mark Thomas	Bigfoot CC	VM
16	7:16	Paul Turner	34 Nomads CC	VM
17	7:17	Paul McDaid	CC Bexley	VM
18	7:18	Jack Smith	Brighton Mitre CC	SM
19	7:19	Sam Dix	trainSharp	VM
20	7:20	Joe Benians	Lewes Wanderers CC	SM
21	7:21	Cris Coxon	Brighton Mitre CC	VM
22	7:22	Colin McDermott	Festival Road Club	VM

NUMBERS MUST BE FIXED BELOW WAIST



NO TIME MAY BE RECORDED IF NUMBER IS
NOT CORRECTLY POSITIONED.